

**Beginning  
Statement:**

<p><b>S</b> Specific</p>	<p>Who? What? Where? When? Why?</p>	
<p><b>M</b> Measurable</p>	<p>How? How Much? How Many? How will you know you're done?</p>	
<p><b>A</b> Achievable</p>	<p>Am I capable and in control of the outcome?</p>	
<p><b>R</b> Relevant</p>	<p>Does the goal align with your role/team? How will the results matter?</p>	
<p><b>T</b> Time-Bound</p>	<p>What is your deadline?</p>	

**Ending  
SMART  
Goal:**

