



JULY-SEPTEMBER 2024

Summer Newsletter

WV Birth to Three Region IV

serving Boone, Cabell, Lincoln, Logan, Mason, Mingo, Putnam,
& Wayne Counties



Early Development is a Journey

Questions about your child reaching developmental milestones? Here are a few important milestones to look for.

First two months

- looks at your face
- reacts to loud sounds.

6 Months

- knows familiar people
- rolls from tummy to back

12 months

- pulls to a stand
- plays games like pat-a-cake

18 months

- points to show you something interesting
- tries to use a spoon

If you would like to learn more about our program and services that we may be able to provide your child, contact us at:

304-523-5444 (Office)
304-523-556 (Fax)
866-982-8855 (Toll free)



Highlights

- **Making The most of Fairs, Festivals, and Parades**
- **From the Field**
- **Welcome RAU IV Team Members**
- **Family Fun Activities**
- **What's Happening Near You**



Stay Connected

 <https://www.rvcds.org/wvbttr>

SCAN ME!



For information regarding upcoming events like and follow us on Facebook

SUPPORTING YOUNG CHILDREN AND FAMILIES IN

MAKING THE MOST OF FAIRS, FESTIVALS, AND PARADES

WEST VIRGINIA INFANT/TODDLER MENTAL HEALTH ASSOCIATION



Spring, summer, and fall in West Virginia often include lots of fairs, festivals, and parades. This is a great time for young children to explore different foods, music, animals, and fun new experiences. It can also mean that young children may experience unfamiliar sounds, smells, lights, and crowds. Preparing young children in advance, and a little pre-planning, will help to make the experience enjoyable for all! Fairs and festivals are a great way to explore the state, both in your own area and beyond.

WWW.NURTURINGWVBABIES.ORG



To access more resources of the West Virginia Infant/Toddler
Mental Health Association, please scan the QR code.

Start with a plan. Begin with making sure the festival, fair, or parade is the right fit for your family. Other considerations could be the time when you attend, how long you attend, and what activities your family would be interested in seeing. Visit the areas that your family is most interested in first, in case you need to leave early. Depending on the length of time you will be staying, you may want to bring:

- comfort item for naptime, snacks to stretch between meals,
- sunscreen for hot days, jackets for cooler evenings,
- or change of clothes for water rides.

Consider sensitivity to sounds, lights, and costumes. Some children LOVE loud noises, bright flashing lights, and characters in costumes. Others do not. If your child is sensitive to these things, you may consider:

- bringing ear plugs or head phones, or leaving the event earlier before all the loud noises begin.
- avoiding activities with bright lights, or attending in the daytime when the lights are not as bright.
- redirecting the child away from an area that has characters in costumes.

Children should not be made to interact with characters in costume if feeling anxious or afraid.

Recognize your child's need to have some quiet time if feeling overwhelmed.

Signs that your young child is feeling overwhelmed:

- irritable or crying,
- anxious, agitated,
- or clingy behavior.

At fairs and festivals, look for quiet areas. Fairs and festivals will offer a sensory room that offers young children a quiet place to rest and recharge.

From the Field



Occupational therapy (OT) plays a crucial role in helping children with various challenges develop essential skills for daily life. This specialized therapy focuses on enhancing motor skills, cognitive abilities, physical functions, and speech capabilities among children who may face delays or disabilities.

Therapists like those at WV BTT are dedicated professionals who work closely with families to provide intervention services tailored to each child's needs. They not only support children in improving their fine motor skills, cognition, and language but also aim to promote independence and functional ability in everyday activities.

Through careful analysis and activity design, occupational therapists create personalized plans that help children of all ages and with diverse needs. These plans often incorporate exercises and recommend specialized equipment to facilitate tasks such as brushing teeth or doing household chores.

Overall, occupational therapists are instrumental in empowering children and enabling them to participate more fully in their daily lives, fostering growth and development in essential areas crucial for their overall well-being.

Discover how easy it is to get started with WV Birth to Three by scheduling your initial phone consult today.



Parent Partner

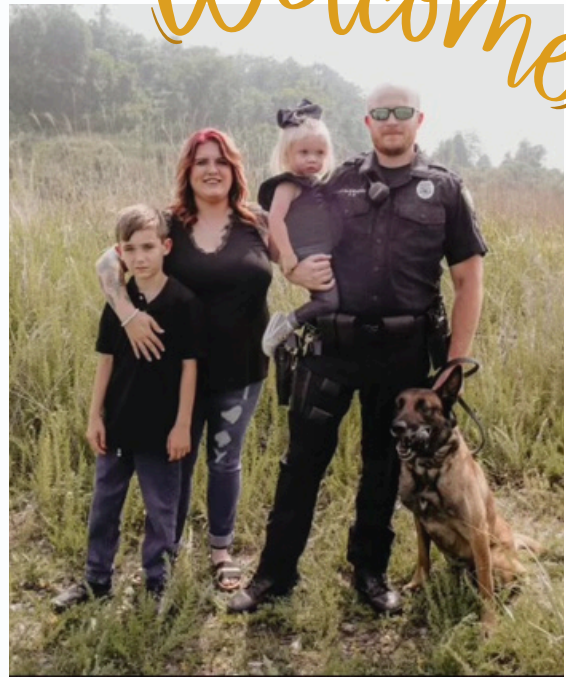
Hello my name is Hanna Clendenin
I am a mother to an amazing son and a wonderful daughter. I am the proud wife of a Charleston Police K9 Officer and our family just recently moved to the Cabell County area.

I have experience working in a classroom as a Certified Autism Mentor. This is where I found my passion for working with children with special needs. I found my love for home visiting while working in the field as a Parent Educator with Parents as Teachers Program.

As the Parent Partner, I am looking forward to getting out into the community and learning what our program can do to better to support your family.

Having been through the WVBTT program myself with my daughter I know how important it is to have a great team supporting you.

Hanna Clendenin
hclendenin@rvcds.org

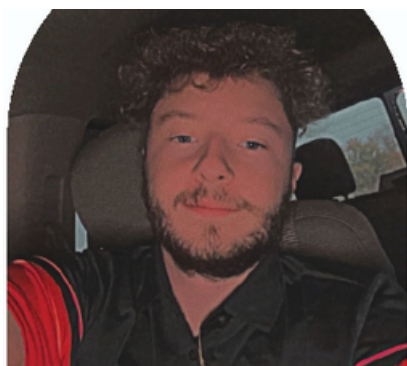


Interim Service Coordinator

Hello, my name is Brittany Smith. I am a new Interim Service Coordinator for WVBTT. I am originally from Mingo County West Virginia. I have a Bachelors degree in Elementary Education from Marshall University and I have 8 years of teaching experience, primarily teaching Kindergarten in Mingo County WV. I have a beautiful 4 year old baby boy who went through the WVBTT program. He was diagnosed with Autism at age 2 and WVBTT was such an incredible resource for our family. We loved the program and had a wonderful experience, which is what initially led me to peruse a career with BTT. I look forward to helping other families have the best experience possible with the WVBTT program!

Brittany Smith
bsmith@rvcds.org

Data Entry Specialist-Ongoing Services



Justin Mount
jmount@rvcds.org

Hello,

I am a senior at Ohio State University Southern, studying Business Management and minoring in marketing. I plan to graduate with my bachelor's degree in December of 2024. I earned an Associates Degree in Business in May of 2024. I plan to take time off from school after graduation and then return to pursue my Master's in Business.

I graduated from Symmes Valley High School and have lived in the area my whole life. I enjoy playing golf, basketball, fishing, and hanging out with friends. I look forward to this next chapter in my life at the RVCDS and wish everyone well.

Tips and Reminders from The Data Box

The RAU is updating it's processes in order to better serve you and your data entry needs.

Did you know we now have updated contact information?

RAU IV Data Entry-Ongoing Services Only

Email: rau4data@rvcds.org

- Accepting all data submissions related to on going services

RAU IV Data Entry-Initial Eligibility

Email: initial.eligibility@rvcds.org

- Accepting all data submissions related to initial eligibility

RAU IV Referrals, Referral Status Updates and Record Requests

Email: referb23@rvcds.org

- Accepting new referrals, requests for records and referral status updates

RAU IV Help Desk

Email: rausupport@rvcds.org

- Accepting all feedback and concerns related to RAU IV

Best Practices: Data Corrections Checklist

1. Have I brought this concern to the attention of my service coordinator?
2. Have I confirmed the original source document is correct and uploaded to the child's record?
3. Have I correctly attached all necessary RAU Data Forms, in a PDF format, to the email correction request?
4. Does the subject line include:
 - **Correction_Document Name_Change Needed_CHILD ID**
 - **Correction_IFSP Expiring_Missing Auth_12345679**

Questions?

304-523-5444 (Option 1 or 2)
M-F from 8:00am-4:30pm.

THE FAMILY ZONE



Ice cream in a bag!

By: nicole at
kinderconfections.blogspot.com

what you'll need:

- 1 tablespoon sugar
- 1/2 cup milk or half & half
- 1/4 teaspoon vanilla
- 6 tablespoons rock salt
- 1 pint-size plastic food storage bag (e.g., Ziploc)
- 1 gallon-size plastic food storage bag
- Ice cubes

how to make it:

Fill the large bag half full of ice, and add the rock salt. Seal the bag. Put milk, vanilla, and sugar into the small bag, and seal it. Place the small bag inside the large one, and seal it again carefully. Shake until the mixture is ice cream, which takes about 5 minutes. Wipe off the top of the small bag, then open it carefully. Enjoy!

Tips:

A 1/2 cup milk will make about 1 scoop of ice cream, so double the recipe if you want more. But don't increase the proportions more than that -- a large amount might be too big for kids to pick-up because the ice itself is heavy.



Sweet



What's Happening Near You



CABELL-HUNTINGTON HEALTH DEPARTMENT TO OFFER SUMMER EVENING VACCINE CLINICS

The Cabell-Huntington Health Department will be conducting a series of evening vaccine clinics this summer.

The dates are June 3, July 1, August 5, and September 9.

The clinics will take place from 4:00 PM to 6:00 PM at the department, located at 703 7th Avenue.

No appointment is necessary.

All childhood vaccines will be available for children who are uninsured, underinsured, or covered under Medicaid or CHIP. Adult and travel vaccines will also be available.

LOGAN PUBLIC LIBRARY



Summer **LIBRARY PROGRAM** **FIND YOUR VOICE**



JUNE & JULY

ALL-AGES BINGO - EVERYONE'S A WINNER!
TAKE & MAKE CRAFTS EVERY FRIDAY & SATURDAY!

ALL AGES

June 1st - 7th - Summer Book Sale
June 14th - Honey Time with Krystal
June 21st - LEGO Build Day
June 26th - Dr. Bechtel's Animals

July 12th - Coloring Day
July 18th - "Cat"urday at the Library
July 19th - National Hot Dog Day
July 26th - Mid-Day Movie Party

5 & UNDER

July 8th - Music Together

10 & UNDER

June 20th - Wild About Worms
June 30th - Storytime & Music
July 14th - Music Zoo
July 19th - Overall Buddies

12 & OVER

July 29th - A Dungeons & Dragons Adventure

18 & OVER

July 26th - Painting Party: Summer in the Mountains

FOR MORE INFORMATION VISIT
WWW.LOGANPUBLICLIBRARY.WEEBLY.COM OR
CALL 712-644-2551

SCAN QR CODE FOR
MORE INFORMATION



TIE DYE

@ the CK Library

Wednesday,
July 3
10:30-11:15am

Bring your own
pre-washed,
white shirt.



Sensory Friendly Screenings

This theatre offers sensory-friendly morning showtimes on the first Saturday of each month. Lights will be turned up, volume will be reduced, and guests may talk during the film—all to ensure a safe, inclusive space for our patrons.



Cinema!





Back to School Event

When: Sat. August 10th

From: 11am-2pm

**Where: Enlow Park Presbyterian Church
at**

1338 Enlow Blvd Huntington, WV 25701

**A day of fun for the family before
returning to school.**

COMMUNITY

HEALTH
HEALTH

FAIR



MONDAY JULY 15TH

4pm-7pm

MASON COUNTY FAMILY
SUPPORT CENTER

FREE TO THE PUBLIC

An Effort To Raise Public Health Awareness

FOR MORE INFORMATION

Call: 304-807-5557

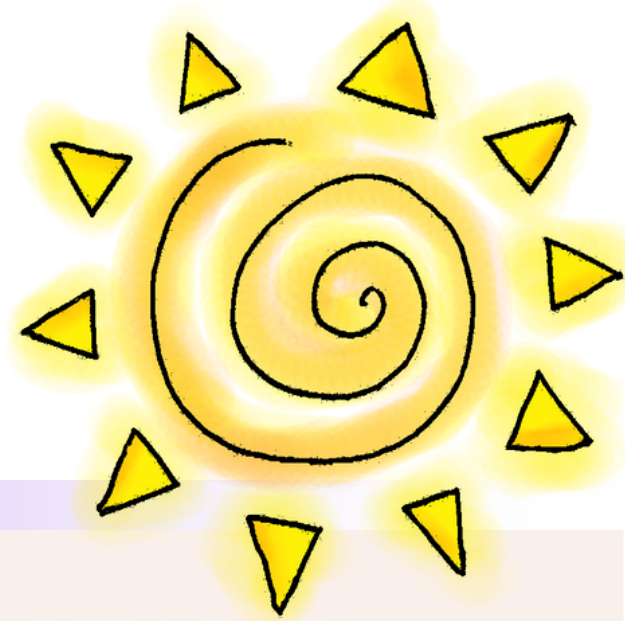
Email: jleggfsc@gmail.com

Here are some ideas of what we would like to offer at our Community Health Fair, what could you/your organization offer?

FREE HEALTH SCREENING

- Vision
- Dental
- Body Mass Index
- Cholesterol
- Glucose
- Blood Pressure
- Womens Health
- Medical Weight Loss
- Health Insurance
- Flu Vaccine
- Diabetes Risk
- CPR & First Aid

Vendors can register by
emailing: jleggfsc@gmail.com



BE THE REASON WHY
SOMEONE FEELS INCLUDED,
WELCOMED, SUPPORTED,
SAFE, AND VALUED.

